



Jyothy Charitable Trust®
Jyothy Institute of Technology

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Affiliated to Visvesvaraya Technological University(VTU), Belagavi;

ECE, CSE, ISE, CV- Accredited by National Board of Accreditation (NBA) -New Delhi.

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YOGA SESSION – 2025 BY GOVT.OF INDIA ,MINISTRY OF AYUSH(CARI).

“Yoga for One Earth , One Health “



A yoga session was organized to students of JIT at JIT Campus on 19th June,2025 by Central Ayurveda Research Institute (CARI) ,Govt.of India and Ministry of Ayush . Principal , HODs , Faculties and 30 students of JIT were part of this session. Asanas , Pranayama , Suryanamaskar and Chanting of Om were taught to the people of JIT.