



Jyothy Charitable Trust®

## **Jyothy Institute of Technology**

Tataguni, off Kanakapura road, Bengaluru-560082

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# **5K MARATHON 2K24 : A GRAND SUCCESS**

**Date: 5th October 2024**

**Time: 7:30 AM**

**Location: JIT, Bengaluru.**

The much-awaited 5K Marathon 2K24 kicked off on the morning of 5th October, amidst a vibrant and enthusiastic atmosphere. The event saw over 200 participants, each eager to challenge themselves in the 5-kilometer race.

The 5K Marathon 2K24 was a grand event held to promote health, fitness, and community spirit. It brought together a diverse crowd of over 200 participants, ranging from seasoned athletes to first-time runners. The event symbolized a collective effort to encourage fitness among all age groups, promoting the values of perseverance, discipline, and camaraderie.

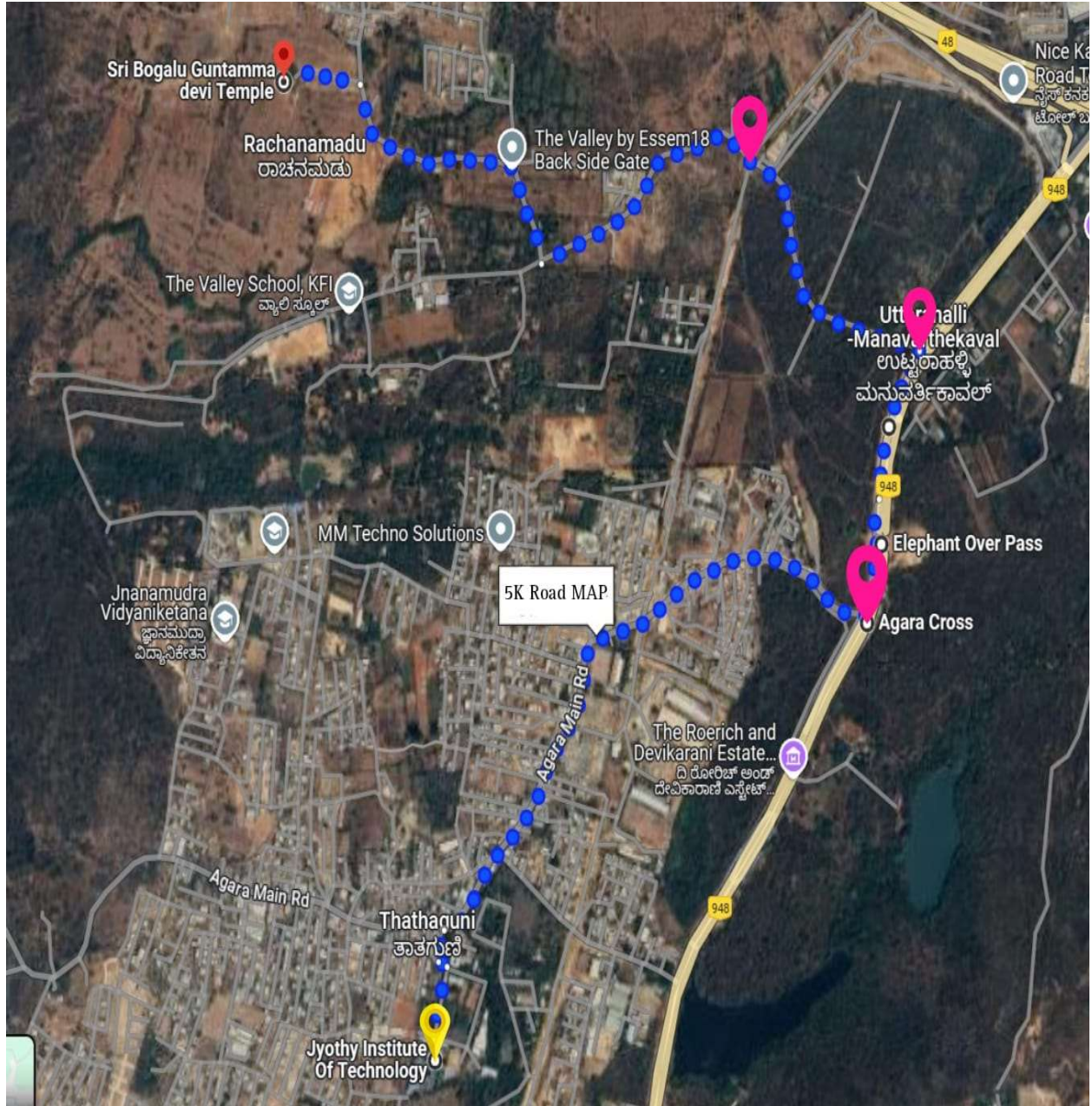
The event was scheduled for 7:30 AM on the 5th of October 2024, and the day could not have been more perfect for a marathon – with clear skies, a mild breeze, and a palpable sense of excitement in the air.

This year's marathon attracted over 200 participants, with runners from different age groups and backgrounds. The diverse group of runners included:

- Professional runners looking to achieve personal bests and improve their timing for upcoming competitive events.
- Amateur runners who used this event as a stepping stone to bigger marathons, using the opportunity to build endurance.
- Fitness enthusiasts, some of whom were running their first 5K, eager to test their limits.
- Families and casual participants, who came together to enjoy the event and embrace the joy of running.

There was a strong representation of participants from local schools and colleges, further demonstrating the importance of fitness awareness among youth. Many families participated together, further enhancing the community spirit that the event sought to foster.

# THE ROUTE MAP FOR THE MARATHON



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## **CHIEF GUESTS AND HONORS**

The event was graced by the presence of three distinguished guests:

Tejaswi Surya, Member of Parliament

Somya Rout, local leader and fitness advocate

Dr. Raghavendra, a member of rotary club.

The guests each gave motivational speeches, reminding everyone about the importance of health and physical fitness in today's fast-paced world. Tejaswi Surya, known for his youthful energy, spoke passionately about how regular exercise and participation in community events like this marathon can bring about positive change in society. He emphasized the idea that fitness is not just a personal goal but a collective responsibility to improve the well-being of the entire community.



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Somya Rout, with her background in community development, took a more holistic approach in her speech, stressing the need to address mental health along with physical fitness. She spoke about how marathons serve as a great metaphor for life—filled with challenges, but those who persist ultimately succeed.

Dr. Raghavendra brought in his medical expertise, explaining the benefits of cardiovascular activities such as running, and how consistent participation in events like these helps reduce the risk of diseases. He further encouraged everyone to make regular physical activity part of their daily lives.

Guest started the event by lighting the lamp. Crowd was very excited to see that.



## **The Flag Hoisting and Start of the Event**

With the motivational speeches concluded, the guests joined hands to hoist the flag, officially marking the start of the marathon. The crowd, charged with excitement, gathered at the starting line, ready to begin the race.

At exactly 7:30 AM, with the sound of the flag flapping in the breeze, the marathon commenced. The runners took off in waves, each with their own pace, some sprinting ahead while others maintained a steady rhythm.



The 5K route was carefully planned to give participants a scenic view of the city while ensuring safety and accessibility for all. It meandered through [description of route], offering both open stretches and slight inclines, which tested the endurance and strategy of the participants.

There were checkpoints every kilometer, where water stations and medical support staff were present to assist runners. Volunteers cheered along the route, boosting the morale of those participating.

The path was chosen not only for its aesthetic appeal but also for its significance in representing the different aspects of the local community—ranging from residential neighborhoods to historical landmarks, symbolizing unity and togetherness.

Tejaswi Surya, Somya Rout, didn't just attend the event as spectators but actively participated in the marathon. Each of them ran the complete 5 kilometers, standing



shoulder to shoulder with the participants, embodying the values they spoke about in their opening addresses.

Their participation added a personal touch to the event and set a remarkable example of leadership by action. As public figures, they showcased the importance of not just advocating for fitness but living it.



## **Key Moments During the Marathon**

The marathon had its fair share of memorable moments:

**The Burst of Energy at the Start:** As the flag was hoisted, the crowd erupted with cheers, and the runners shot off the start line with palpable energy and enthusiasm.



**The Determined Faces at the Halfway Mark:** At the 2.5KM mark, the determination of the runners was on full display. Some had already begun to pick up their pace, pushing their limits, while others maintained a consistent speed.





The Finishing Stretch: As the runners neared the finish line, many gave their all, sprinting with everything they had left in the tank. Spectators gathered around the final stretch to encourage them, with cheers and applause echoing through the area.





The highlight of the race was the spectacular performance of the top finisher, who completed the entire 5 kilometers in an astounding 15 minutes and 19 seconds. This impressive time is a testament to the athlete's skill, preparation, and perseverance. The crowd cheered loudly as the winner crossed the finish line, creating an electrifying atmosphere.



The 5K Marathon 2K24 was an overwhelming success, both in terms of participation and organization. The event brought together a diverse range of participants, from young athletes to seasoned runners, and even public figures. It was a true testament to the community's commitment to health and fitness.

The key takeaway from the marathon is the enduring power of unity, perseverance, and physical fitness. The collective energy of the participants, the dedication of the organizers, and the support from the local community all contributed to making the 5K Marathon 2K24 a memorable and inspiring event.

With such a successful turnout, the event organizers are already looking forward to the next edition, hoping to continue fostering the spirit of fitness and community engagement in future marathons.

## The team which made this event successful

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**Final Thoughts:** The marathon was more than just a race—it was a celebration of health, community, and the human spirit. For all who participated, it served as a reminder that no matter how challenging the journey, persistence will always lead to success.

Thank You.